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**Code of Ethics and Professional Standards**

1. To work competently and professionally as a Complementary Therapist and meditation teacher, meeting all expected standards from the Association of Reflexologists (AoR) and British School of Meditation (BSoM.)
2. To maintain a current and up to date registration with all relevant professional bodies
3. To always act in the best interests of clients and students; safety, comfort, dignity and confidentiality must take priority at all times.
4. To treat all clients and students, at all times, with equal respect, dignity and consideration, without judgement or discrimination.
5. To respect confidentiality at all times. Any personal matters disclosed by clients or students during any treatment session, meditation practice or group discussions should remain confidential.

* However, a breach of confidentiality may be necessary depending on the seriousness and urgency of a situation or disclosure of information. An example of this would be to prevent a student or client causing self-harm or harm to others. This would be a safeguarding issue and it would therefore be necessary to take advice from relevant experts and/or refer to appropriate healthcare professionals.

1. All personal and medical information associated with any student or client will be kept in a locked cupboard and remain strictly confidential. No personal information shall be disclosed to any third party unless a student or client gives their consent to disclose this or is a danger to themselves.
2. To have a responsibility in establishing and actively maintaining clear boundaries. Any inappropriate relationship ie sexual or emotional will be seen as inappropriate and unprofessional.
3. To develop and maintain a trusting relationship with all my clients and students.
4. To respect and maintain good relationships with other practitioners and health care professionals.
5. To create and maintain a safe and healthy environment for clients, students and myself at all times.
6. To be responsible for assessing the health and safety of any venue used for group classes or the delivery of complementary therapy sessions. This includes a legal duty of care to report any accidents or incidents on site and identify possible dangers.
7. To ensure that the relationship between myself, clients and students remains professional at all times.
8. To ensure that I undertake any additional child related qualifications and training if I were to treat children with complementary therapies or teach children meditation.
9. To have a responsibility for my own continuing professional development and undertake any additional learning which will help to maintain and enhance my current skill, knowledge and competency.
10. To recognise and work within the limits of my competency..
11. To display or provide evidence of all relevant qualifications.
12. To display or evidence appropriate professional liability insurance cover and practice within the law both personally and professionally.
13. To inform the BSoM or AoR of any criminal act or caution which may affect my ability to work and therefore in remaining a member of these professional organisations.